



THE LEAF

RANCHO SANTA FE GARDEN CLUB NEWS

MARK YOUR CALENDARS

MARCH 3 - APRIL 14
OSHER LECTURE SERIES
 Distinguished Speakers and fascinating topics.
 Every Thursday at 9:30 & 1:00

MARCH 7 - APRIL 4
GREAT DECISIONS
 Foreign Policy Discussion Group.
 First Monday of each month at 10:15 am.

March 9
GOLD FRENZY
 Trade in your gold for cash and raise funds for the Garden Club.
 10 am - 5 pm

MARCH 15 & APRIL 19
POTLUCK BRIDGE
 6:00 - 9:00 pm

MARCH 16
COFFEE IN THE GARDEN
 Enjoy Coffee and Conversation in a Private Garden. 10 - Noon

APRIL 6
COFFEE IN THE GARDEN
 Tour a Beautiful Private Garden and hear Dr. Phillips for the SD Zoo. 10 am - Noon

APRIL 7
GARDEN TOUR KICK OFF PARTY 5 -7:00 PM
 A private party for the Sponsors and Volunteers of the Garden Tour

APRIL 21
FROM SEED TO SALSA
 Quarterly Meeting featuring guest speaker Karan Greenwald on growing Heirloom Tomatoes.

April 27
SPRING FASHION SHOW
 RSF Library Guild Annual Fashion Show and Fundraiser.

EVERY SATURDAY
YOGA at 10 am

EVERY MONDAY
PILATES at 10 am

President's Message

It is so thrilling to think about how diverse we are. The depth and numbers of programs at the Club is amazing. From gardening to crafting, to lectures to parties and fitness classes. This month is all about education and enlightenment and if you don't know about Guanxi and Oxytocin you are missing out on some good stuff at the Club. The Cal State Osher classes have started on Thursdays and the Scripps Hospital lectures are in full swing.

Last night the Club was more crowded than normal. A packed room on the same night as American Idol? What? I checked in to see what Scripps had on the program. The topic was Health, Love & Intimacy by Dr. Diana Hoppe, author of Healthy Sex Drive, Healthy You: What Your Libido Reveals About Your Life. At this point I could discuss neurotransmitters and brain activation patterns or go into Excitatory and Inhibitory factors but to keep with our "G" (Garden Club) rating I am more interested in the discussion of the hormone oxytocin. It has been shown to be associated with the ability to maintain healthy interpersonal relationships, healthy psychological boundaries with other people and looks to be the biological basis for human attachment and bonding.

At the continuing Cal State Distinguished Speakers series this

week we heard Dr. Glen Dobrowsky discuss China, The Awakening Dragon. He talked about how this country combines, Confucianism, Communism and Capitalism and somehow gets 1.3 billion people to live in relative harmony. Guanxi, 关系, is the Chinese term for relationships. It is the Chinese entrepreneur's hedge against risk and uncertainty. It has to do with their belief in strong unwritten contracts built on long term relationships of trust. Relationships that are difficult to gain and easy to lose. Guanxi describes the personalized networks of influence in Chinese society. I suppose all successful business is based on networking and Guanxi.

Now take an inventory of what is happening at the Garden Club. We find we have good friends and strong relationships. We have a great ability to bond. Our oxytocin levels must be elevated and our Guanxi in high gear. We are working together to obtain industrial harmony and are exploring new territory and we have new goals. We love your involvement but we always need more. In this Leaf see what's going on and find out what's coming up, see where you can help us and join in the fun.

Let's get our Guanxi on.

Helen DiZio

**RANCHO SANTA FE GARDEN CLUB
GENERAL MEETING
APRIL 21, 6:00 PM**

Join us for an Evening with
**MASTER GARDENER
KARAN COOPER GREENWALD**
Presenting, "From Seed to Salsa"

Karan has gathered Heirloom Tomato seeds from around the globe and is a self confessed Heirloom addict! She has cultivated more than 80 varieties of tomatoes and was officially crowned the "Tomato Queen" of the Point Loma Garden Club. Join us as Her Majesty imparts her many years of triumphs and failures in growing the beloved tomato.



After the lecture, join Karan and fellow RSF Garden Club Members at the RSF Golf Club for dinner.
Call 756-1182 for reservations.

The Shoppe



Go Green for 2011

Reduce, Reuse and Recycle

The Garden Club's Shoppe can help you do all three.

Shop for **Reuse**-able "finds"

Recycle those items that are taking up space in your drawers, closets and garages.

Reduce what goes into our landfills.

Open - Tues., Wed. & Sat. 9:00 - 1:00

Shoppe: 858-756-4101

Office: 858-756-1554

Planting Positive Seeds...



We are looking for Garden Club Members to donate potted plants to sell at the Club's booth in the Garden Tour Market Place on May 7th. Now is the time to start cuttings, dig up and divide those perennials and succulents to sell at the Club's booth!!!

If you can help with our Plant Sale Booth we would love to hear from you. If you will be bringing plants or if you can help arrange and man our booth please . . .

Contact Mary Pierson,
meps3@yahoo.com, 858-759-5011

Pot Luck Bridge

at the

Rancho Santa Fe Garden Club

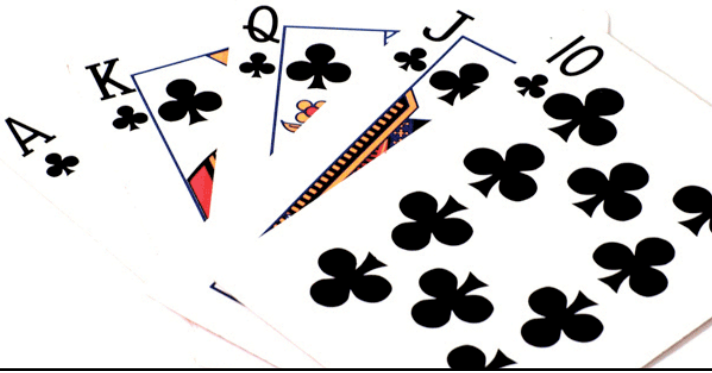
for our members' convenience

6:00 pm - 9:00 pm

3rd tuesday of the month

information: 858.756.1554

reservations required



GOLD FRENZY

Turn your unwanted gold and/or platinum into CASH. Gold Mountain, our trusted gold-buying vendor, has agreed to donate 10% of the proceeds to our Garden Club! You receive your full amount, and Gold Mountain pays the 10% on your behalf!

Wednesday, March 9th

Anytime between 10 am - 5 pm

RSF Garden Club

For more info. call 858-756-1554
or E-mail office@rsfgardenclub.org

Yoga

Every Saturday Morning
at the Garden Club

10:00- 11:15

All levels welcome!

\$10 for Members

\$15 for Non-Members



Carris Rhodes – Instructor

www.carrishodes.com

In Memoriam

Sadly, we acknowledge the passing of longtime Garden Club member, and former Garden Club President, Anatole Minc.

Notice

To all Members who receive this newsletter by way of regular (snail) mail. Due to the cost and additional volunteer labor the Club will no longer be mailing the Leaf newsletter or event flyers through the US post office. We will be communicating with all of our members by email and our website from this point forward. However, to accommodate the few remaining members that do not use email, our flyers and newsletters will be available in the RSF Library, The RSF Association Offices and in The Shoppe.

GREAT DECISIONS AT RSF GARDEN CLUB

A Great Decisions Discussion Group is composed of interested individuals who want an opportunity to learn and participate in the foreign policy decision-making process.

Topics This Year

Rebuilding Haiti,
National Security, Horn of Africa,
Financial Crisis, Germany Ascendant,
Nonproliferation, The Caucasus, and
Multilateralism.

please contact Holly Wilson at

hollywilsonmail@gmail.com

or 858-523-9585

First Monday of the Month 10:15am

Spring Courses Osher Lifelong Learning Institute and CSU San Marcos at Rancho Santa Fe Garden Club

The Jews of Europe in the Middle Ages: A Story of Survival : Presented by Jack Williams, Ph.D.

Thursdays Feb 10th - Apr 14th

9:30 - 11:30 am

Free to Members - Non-Members \$110

Distinguished Lecture Series

By popular demand we are expanding our lecture series! On Thursday afternoons, each week a distinguished speaker will cover a different topic.

For complete description of each lecture please

check the website at www.rsfgardenclub.org

Thursdays, Feb 10th - Apr 14th

1:00 - 3:00 pm

Free to Members - Non-Members \$110

Register online: www.csusm.edu/el/olli or
Call: 760-750-4020



2011

RSF Garden Tour Saturday, May 7th

Garden Tour by Trolley & Open Air Market

Time: Trolley from 10am - 3pm

Market 'till 4pm

Advance Tickets - \$30

Day of Tickets - \$40

To Purchase tickets go to

www.ranchosantafegardentour.com

or call the Garden Club at

858-756-1554

Many Thanks to Our Shoppe Volunteers

After providing years of substantial financial support to the club, the Board of Directors wanted to honor our Shoppe Volunteers. Carol DeGrazier opened her beautiful home while Board members served a sit down lunch for 30 attendees prepared by Susan Marr and Mary Pierson. The honorees were asked to share their secrets to success as the Board heard colorful stories of how things work downstairs. Donna Ferrier and Paul Gozzo help manage an inspiring group of close knit volunteers. They are the definition of



camaraderie. They know what they're doing and the Board wanted to learn from them. We learned a lot and hope this kind of volunteer spirit spreads throughout the club. Thank you to Donna Ferrier, Paul Gozzo, Camille Zeleny, Caroline

Fleishman, Nan Werner, Tina Kowalski, Cindy Monaghan, Liz Roy, Jane MacKinnon, Shirley Arms, Jerry Sawtelle, Barbara Pearson, Dottie Radcliffe, Jan Dunford, Irene Perry, Kit Klipstein, Terry Weaver and Liza Hellinger for all your support and dedication.

April's Coffee In the Garden

Time: 10:00 - Noon

Date: 04/06/11

Event is Free

Reservations Required

Members Only



The RSF Garden Club

**Welcomes You To Enjoy A Beautiful Private
Garden For Coffee**

Dr. Andy Phillips
From the San Diego Zoo & Wild Animal
Park Presents -
Adventures & Animals of the Wild From
Around the World

Plus a Succulent Wreath Demo

by Pat Merino

For Reservations and directions email us at

rsfgardenclub@gmail.com or call

Ginger Bord at 760-761-0989

Members only - Limited to 25

March's Coffee In the Garden

Time: 10:00 - Noon

Date: 03/16/11

Event is Free

Reservations Required

Members Only

The RSF Garden Club

**Welcomes You To Enjoy A Beautiful Private
Garden For Coffee**



For Reservations and directions email us at

rsfgardenclub@gmail.com or call

Carol Colburn at 858-759-4814

Members only - Limited to 25

**WE WISH TO THANK THESE LOCAL BUSINESSES FOR
UNDERWRITING THIS NEWSLETTER**

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#658986**



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